

Prairie
Sunshine

YOGA STUDIO

Introduction To Yoga Three-week Intensive

**Private, one-on-one instruction,
scheduled at your convenience**



Get personal attention with private instruction, to jump-start your Yoga practice. With our new three-week intensive you will gain a solid foundation to begin a regular practice or attend any yoga class.

**Call or email for appt.
Cost: \$149 for 3 weeks**

Available to everyone. Only one three-week intensive per person. Semi-private also available.